

# Structural Nested Models and g-estimation

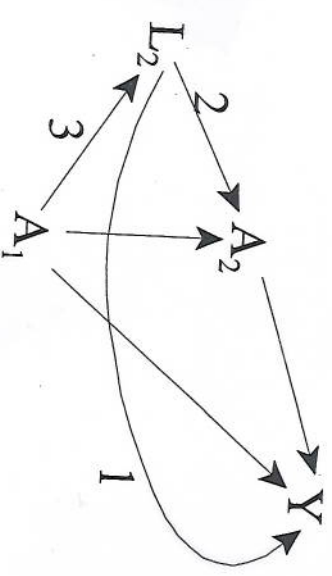
Dylan Small

Department of Statistics, University of Pennsylvania

Acknowledgement: Slides draw from materials from  
Marshall Joffe

# Time-varying treatments : Example

- Observational study for treatment of high blood sugar, measured by hemoglobin A1C (measures long term burden of blood sugar)
- Outcome of interest is  $Y = \text{A1C at end of second time period}$
- Treatments:
  - $A_1 = \text{Treatment in first time period,}$
  - $A_2 = \text{Treatment in first time period}$
- Post-baseline covariate:  $L_2 = \text{Ill at beginning of second time period}$
- Illness at beginning of second time period associated with higher blood sugar
- True effect: Treatment in each time period decreases blood sugar in A1C by 10 units



# Structural Nested Models

$Y_i^{a_1, a_2}$  = outcome person  $i$  would experience if she were to receive treatment level  $a_1$  in first period,  $a_2$  in second period.

Structural Nested Model:

$$Y_i^{a_1, a_2} = Y_i^{0,0} + \Psi(a_1 + a_2)$$

$\Psi$  = effect of one unit of treatment on final outcome

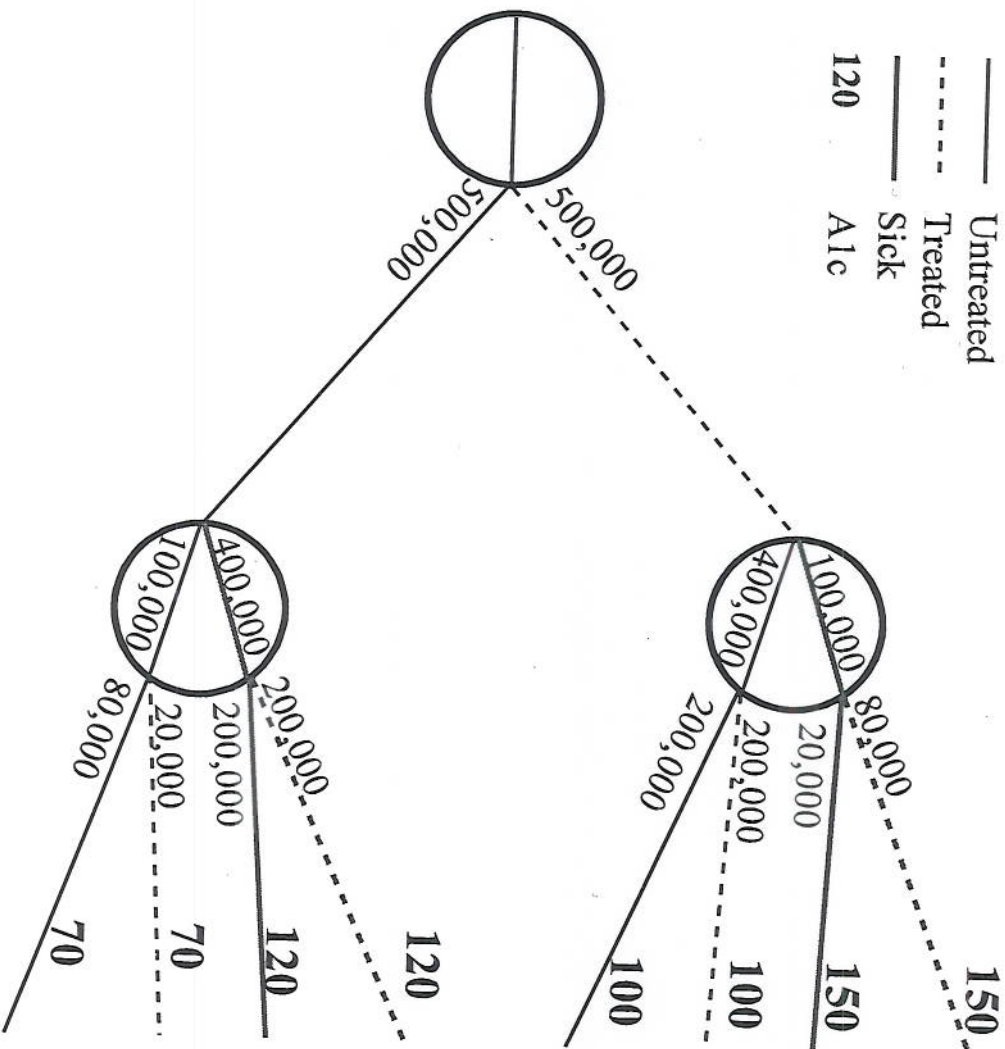
(Could consider alternative models that allow for effect of treatment to differ by time period, e.g.,

$$Y_i^{a_1, a_2} = Y_i^{0,0} + \Psi_1 a_1 + \Psi_2 a_2)$$

# Hypothetical data: potential outcomes

Yes

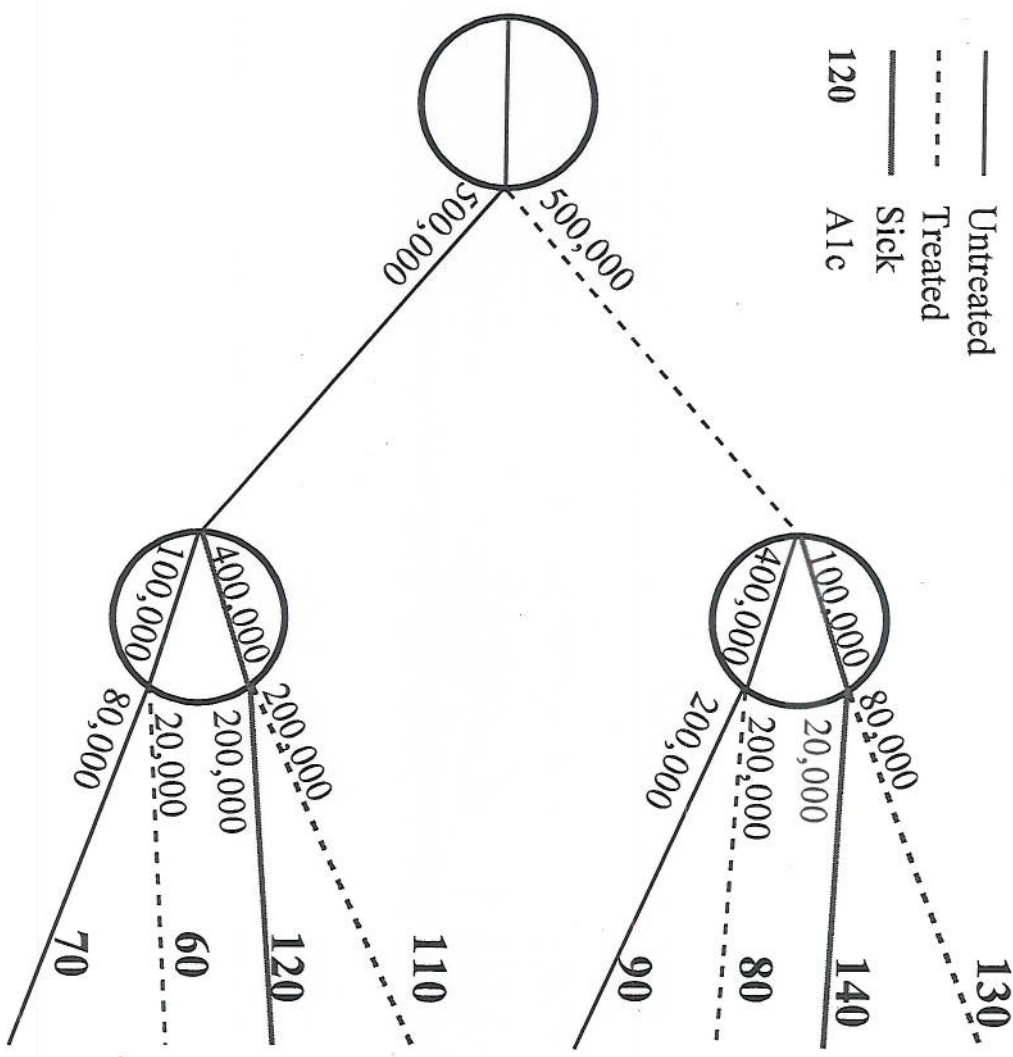
- Untreated
- - - Treated
- Sick
- 120 Alc



right circumference  
points: comparable  
groups

effect of each  
increment of treatment:  
lower Alc by 10 (see  
next panel)

Observed data  $Y^{A_1, A_2}$





# g-estimation of Structural Nested Models

Structural Nested Model:

$$Y^{a_1, a_2} = Y^{0,0} + \Psi(a_1 + a_2)$$

$\Psi$  = effect of one unit of treatment on final outcome

## g-estimation

Compute putative potential outcome if the true effect is  $\Psi$ ,

$$Y^{0,0}(\Psi) = Y - (A_1 + A_2)\Psi$$

where  $Y, A_1, A_2$  are observed outcome and treatments.

Key assumption:

Sequential ignorability (sequential effective randomization):

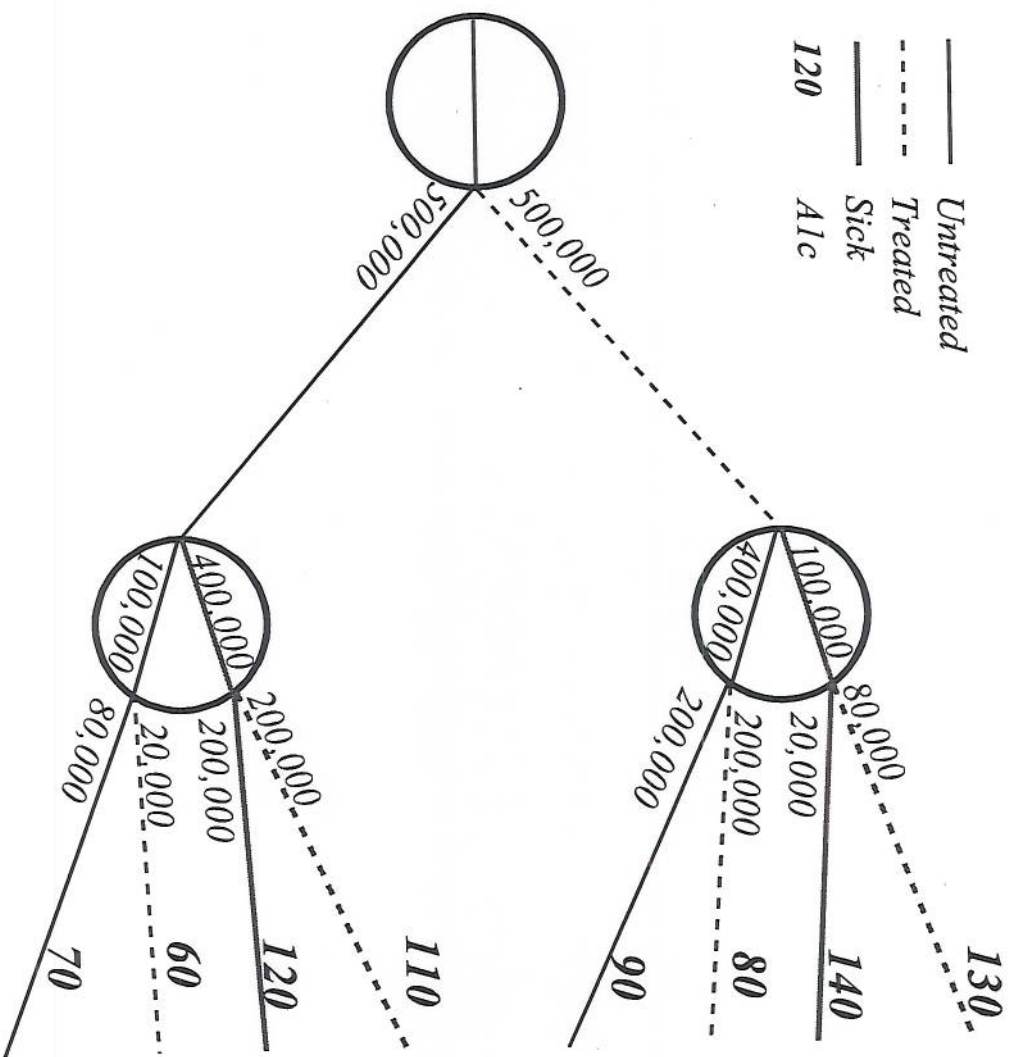
Treatment at each time point effectively randomized given previous treatment history and covariates up to that point.

Under sequential ignorability,  $Y^{0,0}(\Psi)$  is independent of treatment at each time point given previous treatment history and covariates up to that point.

g-estimation: Test this independence using logistic regression or estimating equations.

Reference:

Robins, J.M. et al. (1992),  
G-estimation of the effect  
of prophylaxis therapy  
for pneumocystic carinii  
pneumonia on the  
survival of AIDS patients,  
*Epidemiology*, 3, 319-36.



for  $\Psi = 0$ , test independence of  $A_2$ ,

$Y^{00}(\Psi)$  (Compare 130 vs, 140, etc.)

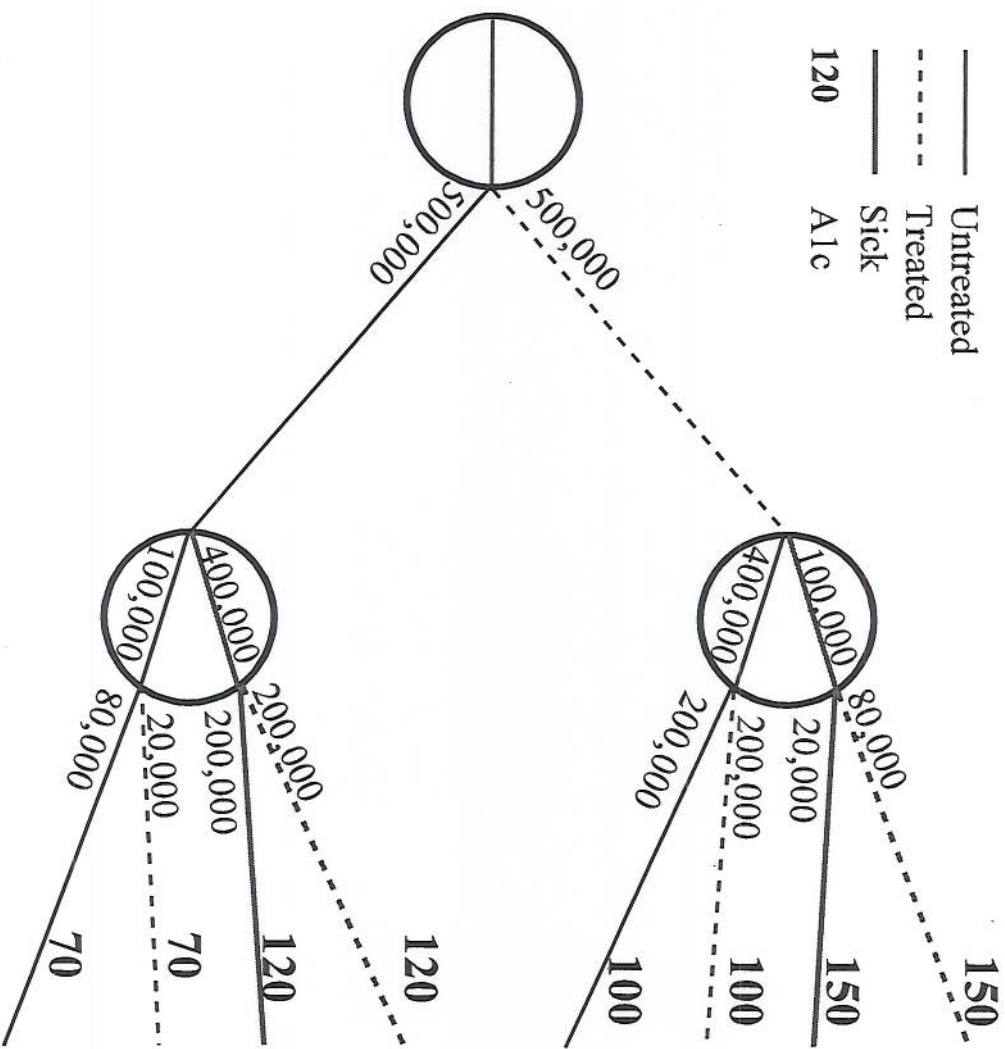
also test independence of  $A_1$ ,  $Y^{00}(\Psi)$  :

$$(130*8+140*2+80*20+90*20)/50 = 94.4$$

vs.

$$(110*20+120*20+60*2+70*8) / 50 = 105.6$$

(Reject)



for  $\Psi = -10$ , test independence of  $A_1$ ,

$$Y^{00}(\Psi)$$

$$(150*8+150*2+100*20 + 100*20)/50 = 110$$

vs.

$$(120*20+120*20+70*2 + 70*8) / 50 = 110$$

(Fail to reject)



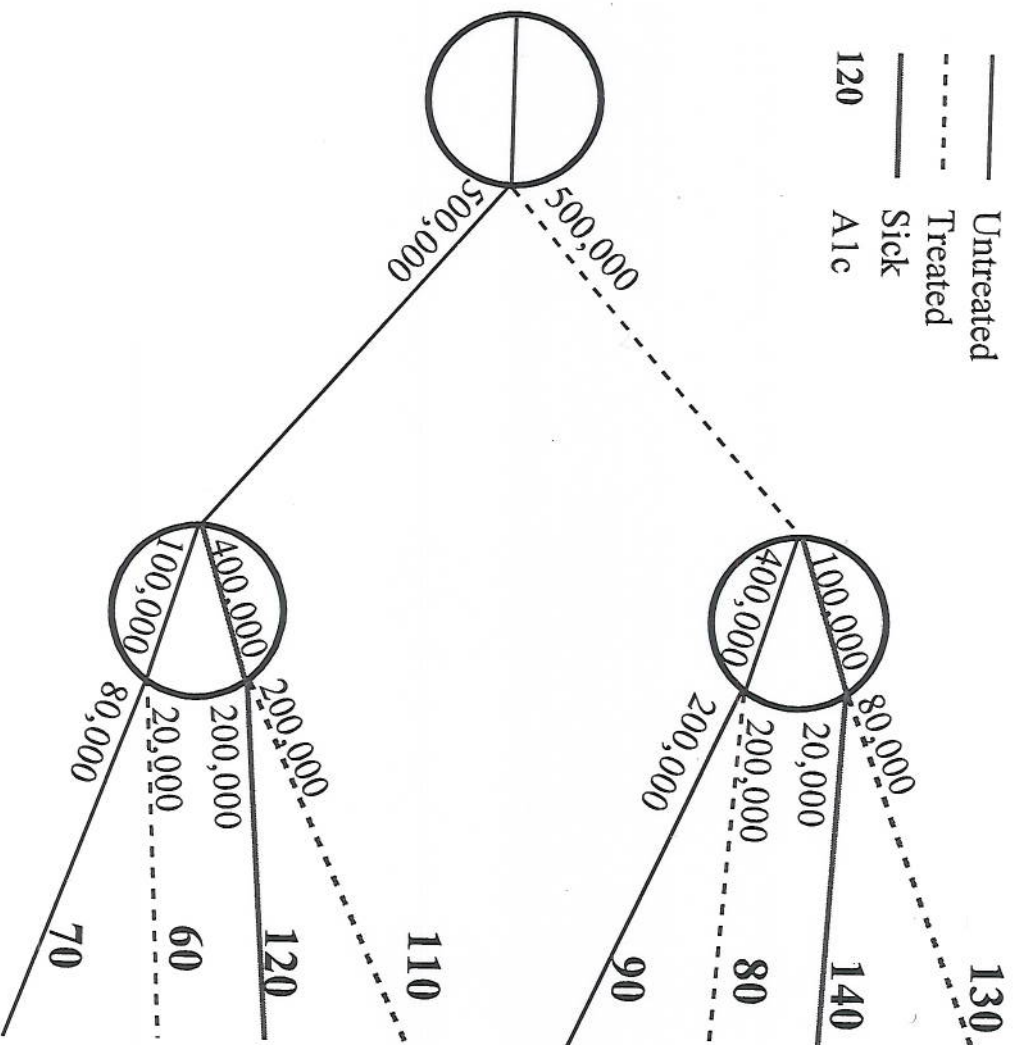
# Comparison of structural nested model/g-estimation with standard

## regression approaches

- Standard regression approaches will be biased for estimating joint effects of treatments when
  - (A1) there exists a time-dependent risk factor for or predictor of the event of interest that also predicts subsequent treatment
  - (A2) past treatment history predicts subsequent risk factor level.
- g-estimation provides unbiased estimates under (A1) and (A2) under sequential ignorability. Other methods which can provide unbiased estimates are (i) g formula with associated method of g computation; (ii) marginal structural models with associated method of inverse probability weighting

# standard approaches

- Untreated
- - - Treated
- Sick
- A1c



$$E(Y|A_1) = 105.6 - 11.2A_1$$

attenuated as measure of overall effect

$$E(Y|A_2) = 100.8 - 1.6A_2$$

$$E(Y|A_1, A_2) = 105.71429 - 11.16883A_1 - 0.25974A_2$$

$$E(Y|A_1 + A_2) = 105.71429 - 5.71429(A_1 + A_2)$$

$$E(Y|A_1, L_2) = 68 + 17A_1 + 47L_2$$

$$E(Y|A_2, L_2) = 84.28571 - 6.10390A_2 + 37.53247L_2$$

$$E(Y|A_1, A_2, L_2) = 70 + 20A_1 - 10A_2 + 50L_2$$

$$E(Y|A_1 + A_2, L_2) = 78.59873 + 2.42038(A_1 + A_2) + 37.96178L_2$$

The only correct estimate is effect of  $A_2$  when controlling for  $A_1, L_2$

expected under sequentially ignorable treatment assignment  
can estimate component effect of last bit of treatment

cannot estimate joint effects of treatments received at different times



# Comparison of g-estimation with marginal structural models and g-computation

- Comparison of g-estimation to marginal structural models:
  - When there is a lack of overlap (for some covariate combinations, almost everybody takes treatment or almost everybody takes control), g-estimation estimates average treatment effect in region of overlap with reasonable variance, while MSM tries to estimate overall average treatment with very high variance.
  - Structural nested models with g-estimation can be used to accommodate failure of sequential ignorability through use of instrumental variables and other methods.
- Comparison of g-estimation to g-computation
  - Structural nested model with g-estimation directly models the effect of treatment on the outcome in a parsimonious way.
- Disadvantage of g-estimation: Lack of off the shelf software. SAS and STATA macros available at <http://www.hsph.harvard.edu/causal/software/>.

Reference: Vansteelandt, S. and Joffe, M. (2014) Structural nested models and g-estimation: the partially realized promise. *Statistical Science*, 29, 707-731.

# Structural Nested Failure Time Model (SNFTM)

- SNFTM: Structural nested model for a failure time outcome.
- SNFTM can correct for immortal time bias and healthy worker survivor effect



# Oscar Winners Live Longer?

From *Science*, May 25, 2001

- Katharine Hepburn celebrated her 94th birthday this month, and her four Oscars may have something to do with it:

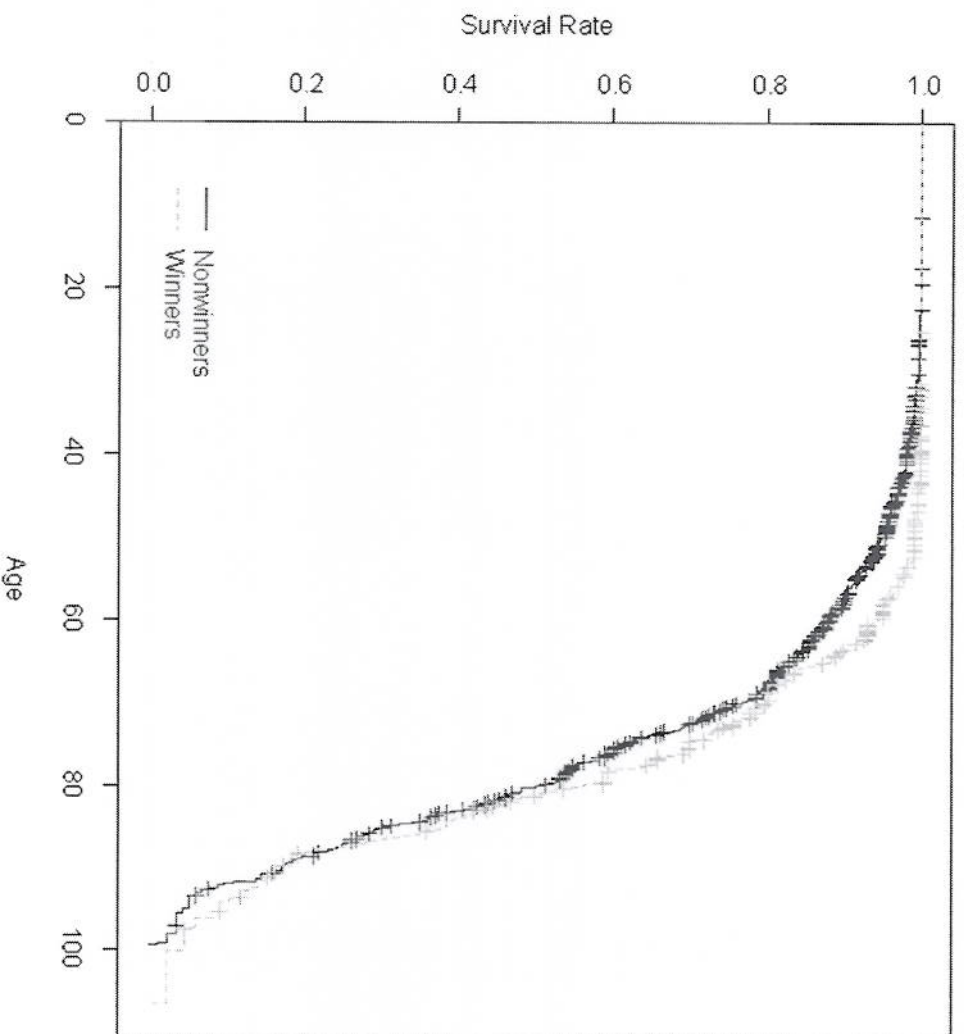


According to a study published in the 15 May issue of the *Annals of Internal Medicine*, Academy Award winners live longer than other successful actors.

# Analysis in the Annals of Internal Medicine Paper

- Main analysis:
  - Considered all actors and actresses who have been nominated for an Oscar (Academy Award).
  - Classified an actor or actress who won an award at some point in his/her lifetime as a winner and all other actors/actresses as nonwinners (controls).
  - Fit Cox proportional hazards model to find effect of winning on mortality rate.

**Survival in Winners vs. Non-winners (Kaplan-Meier curves)**



Cox proportional hazards model: The reduction in mortality rate associated with winning was estimated to be 25% with a 95% CI of 5%-41%.

# Immortal Time Bias

- The nonwinning nominees can die anytime after their first nomination.
- The winners cannot die until they win. The time between the winners' first nomination and first win is "immortal time."

- Example:



— Henry Fonda was first nominated in 1941 for his role in "The Grapes of Wrath." Fonda won his first Oscar for his role in "On Golden Pond" in 1981.

— James Stephenson was first nominated in 1940 for his role in "The Letter" and did not win. Stephenson died in 1941.





# Healthy Worker Survivor Bias

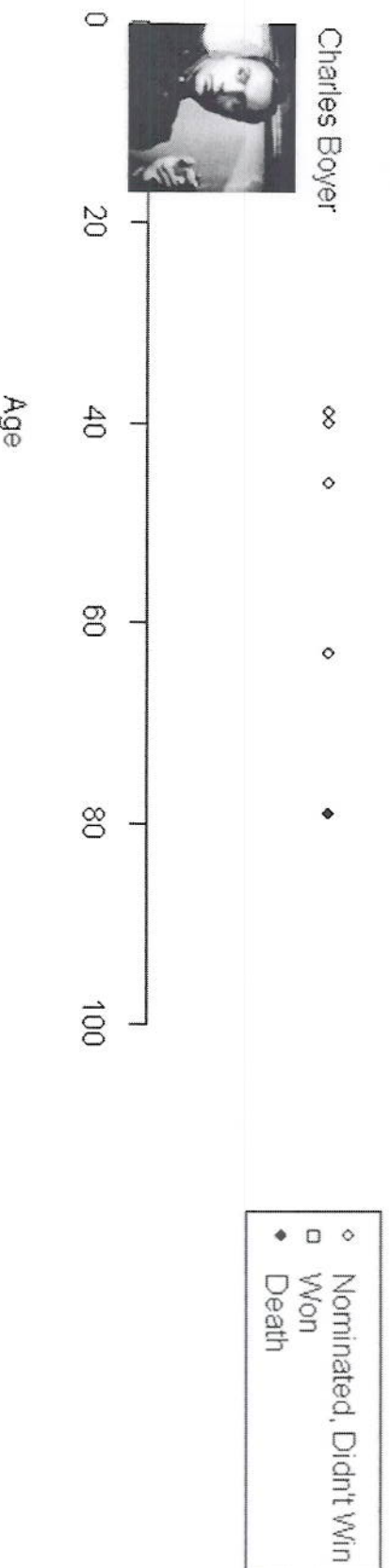
- Winning is an indication of health:  
After the first nomination, winning an award at a later time is an indication that the worker was healthy at that later time.



John Gielgud



Charles Boyer





## Structural Nested Failure Time Model

- Treatments are win or not win in each year.
- Among nominees in a given year, test (using logistic regression) whether winning is independent of potential survival time without winning conditional on actor/actress' age and previous nomination history.

# Results

- There is suggestive but inconclusive evidence ( $p=0.07$ ) that winning has an effect on lifetime
- We obtain a 95% confidence interval that winning multiplies lifetime by a factor of (0.99,1.27).
- To translate this into lifetime, we estimated the median lifetime for winners compared to their median putative lifetime if they did not win under a given treatment effect:  
95% confidence interval for effect of winning on median lifetime: (-0.4 years, 8.4 years).

Reference: Han, X., Small, D., Foster, D. and Patel, V. (2011). The effect of winning an Oscar award on survival: correcting for healthy performer survivor bias with a rank preserving structural accelerated failure time model. *Annals of Applied Statistics*, 5, 746-772.

# Summary

- Structural nested models and the associated method of g-estimation are an approach to modeling the joint effects of a sequence of treatments or exposures.
- Standard regression approaches are biased when (A1) there exists a time-dependent risk factor for or predictor of the event of interest that also predicts subsequent treatment and (A2) past treatment history predicts subsequent risk factor level.
- Structural nested models with g-estimation provide unbiased estimates under (A1) and (A2) when enough time varying covariates have been collected so that treatment is sequentially ignorable.